

Lava Cave Yoga

Saturday, June 29th

7 - 9:30 am | Lava Cave & Trailhead Grill

Explore Pronghorn's biggest underground secret, the ancient Lava Caves! Gear up and grab your besties for an invigorating Saturday morning adventure like no other. Experience pure zen with a yoga class in the on site lava cave and delight in a nourishing breakfast amongst friends!

7 am | Meet at Trailhead Activities Center and gear up

7:20 am | Bike ride to Lava Cave

7:45 - 8:30 am | Yoga Flow class in the cave

8:45 | Bike ride back to Trailhead

9 am | Healthy breakfast bites and smoothies served at Trailhead Grill

45 per person | Includes bike rental, yoga class & breakfast
Registration is required. Limited availability.

To register, visit PronghornResort.com/events
For more information, please contact the Activities Center.
541.693.5391 | activities@pronghornresort.com



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